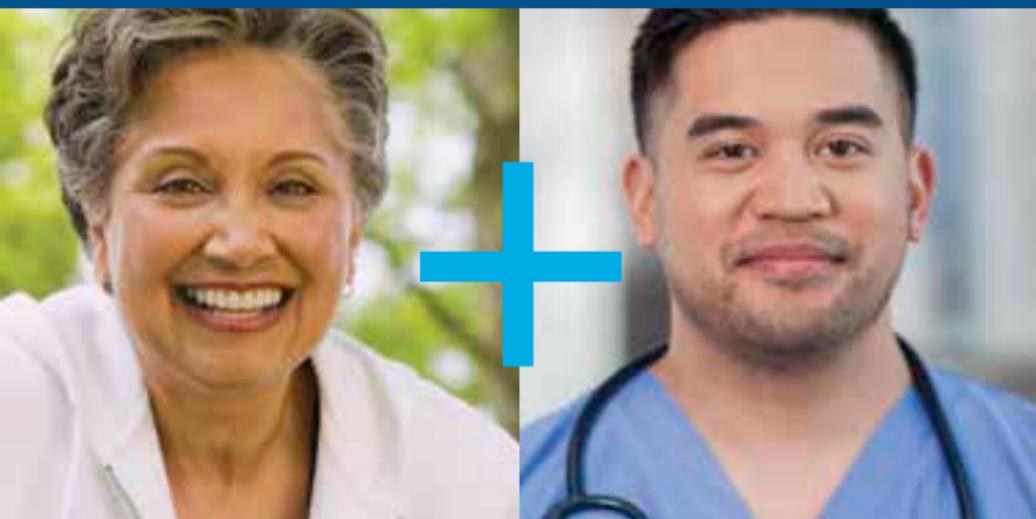


**SIMPLE.**  
**CONVENIENT.**  
**CONNECTED.**



**MyCareLink Smart™**  
Patient Monitor

**Medtronic**

# IT'S A NEW— **MOBILE**— WORLD.

Much of what we do is at the touch of our fingertips. In fact, approximately 64% of American adults own a smartphone of some kind.<sup>1</sup> With this in mind, Medtronic set out to combine its remote monitoring technology with patients' smartphone technology—which they use every day. The result: **MyCareLink Smart™ Monitor** for pacemakers, including CRT-P.

If you don't already know about remote monitoring, here's some important information: Remote monitoring is a convenient and easy way for your heart device to communicate with your doctor or clinic between clinic visits or whenever you're not feeling well.



# REMOTE MONITORING LETS YOUR DOCTOR:



**Manage** your heart condition



**Monitor** your implanted  
heart device



**Obtain** information from your  
heart device on an as-needed basis

Now the MyCareLink Smart Monitor takes remote monitoring to an entirely different level, with the **first app-based remote monitoring system.**

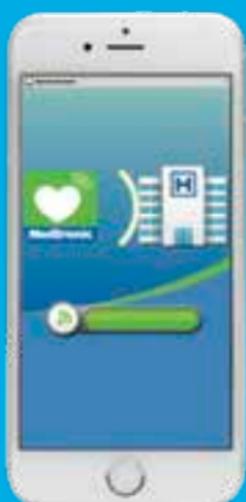
# SIMPLE.



The MyCareLink Smart Monitor for pacemakers combines a hand-held Reader that communicates to your smartphone or tablet using a free app called **MyCareLink Smart**.

- 1 Once you have the Reader—which is prescribed by your doctor—you simply download the app onto your smartphone or tablet and pair the Reader with the app.

# CONNECTED.



# CONVENIENT.



- 2 Your Reader is now ready to be placed over your heart device:
  - Follow the step-by-step instructions on the app
  - The app will indicate your information is being sent
  - When the transmission is complete, a green check mark appears

The MyCareLink Smart Monitor is a convenient way of sending heart device information to your clinic from anywhere in the world—**as long as you have a cell signal or Wi-Fi connection.**

Once you complete the first pairing of your Reader with the CareLink Smart Application, your heart device is connected to the app for future transmissions. It's an easy way for you to stay connected to your doctor or clinic. The information is sent via the secure CareLink™ Network to your clinic.

**With the MyCareLink Smart Monitor you can be confident you're connected—with the industry's first app-based monitor that uses your own smartphone or tablet.**

# STEP-BY-STEP INSTRUCTIONS



**MyCareLink Smart™**  
Patient Reader

# STEP 1

Have your smartphone or tablet readily available. Open the MyCareLink Smart Patient Monitor box and remove the contents:

- A Patient Reader
- 3 AA Batteries
- Setup Guide
- Patient Manual

The Reader is designed to work with your Apple® or Android™ smartphone or tablet.



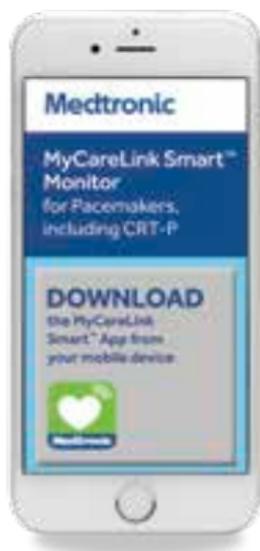
# STEP 2

Insert the 3 AA batteries into the back of the Reader by pushing the battery cover down and away from you. Make sure Bluetooth® within your smartphone or tablet is turned on.



## STEP 3

Launch your browser and go to [mycarelinksmart.com](http://mycarelinksmart.com). Tap the download button, which will send you to either the Apple® App store or the Google Play™ store—based on what type of smartphone or tablet you're using.



## STEP 4

Download the MyCareLink Smart App—just like any other app.



## STEP 5

Once the app is downloaded to your smartphone or tablet, open it and follow the prompts. Accept the terms and conditions; then, press the green button to begin.



## STEP 6

Turn the Reader on by pressing the gray button.

A continuous animation will be seen. That's because the app is trying to establish a Bluetooth connection with the Reader. You only need to press the gray button once.



## STEP 7

Locate the numeric code on the back of your Reader and enter it into the app using the app keypad. This action enables your Reader to work with your smartphone or tablet. You will also be prompted to use Bluetooth to pair your Reader with your smartphone or tablet. Simply accept this request.



## STEP 8

Place the Reader over your heart device. The Reader will display a green light and the app will display a green progress bar that lets you know the Reader is positioned correctly and receiving information from your device.



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## STEP 9

The app will indicate your information is being sent to your clinic.



# STEP 10

A green check mark confirms that the transmission was successfully sent. Tap the home icon to go back to the home screen, which shows the date of your most recent transmission. At this point, you can exit the app. The Reader will turn off automatically.



# TROUBLESHOOTING

## THE MOST COMMON SYSTEM MESSAGES

## BATTERIES NEED REPLACEMENT



### What to do:

- Replace the batteries in the Reader
- When this error code displays, there is not enough power in the batteries to complete a transmission

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## NO WI-FI OR CELLULAR CONNECTION



### What to do:

- Ensure connectivity (Wi-Fi or cellular)
- Move to a place where Wi-Fi or cellular signal is available

## WEAK WI-FI OR CELLULAR CONNECTION



### What to do:

- Ensure connectivity (Wi-Fi or cellular)
- Move to a place where Wi-Fi or cellular signal is available

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## READING DEVICE INTERRUPTED



### What to do:

- Re-attempt the interrogation
- Try to avoid interrogation interruptions from accidentally pressing any buttons, from incoming calls or messages, or from other applications

## BLUETOOTH FAILURE



### What to do:

- Ensure that Bluetooth is turned on within your smartphone or tablet
- Bring the Reader within range of the smartphone or tablet (at least 1 meter or 3 feet)

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## READER SOFTWARE UPDATE REQUIRED



### What to do:

- Keep the Reader within range of your smartphone or tablet (at least 1 meter or 3 feet). The update will happen automatically. The process will take approximately 3 minutes.

# COMMON QUESTIONS



**Q: What do the lights on my Patient Reader mean?**

A. **Amber light:** Reader batteries are low.

**Green light:** Connection is established between the Reader and implanted device.

**Solid blue light:** Bluetooth connection established between the Reader and smartphone or tablet.

**Blinking blue light:** Bluetooth connection is not established between the Reader and smartphone or tablet.

**Q. Can my Patient Reader be paired with multiple smartphones or tablets?**

A. Yes, you can pair the Reader with multiple smartphones or tablets if you'd like to use different smart devices to send transmissions.

**Q. Can I use my smartphone or tablet during my interrogation or transmission?**

A. If you answer an incoming call or open a text message, the interrogation session or transmission will be interrupted.

**Q. How large is the MyCareLink Smart App?**

A. The app is approximately 25-30 MB.

**Q. How much data does each transmission use?**

A. Each transmission sent is comparable to sending one email. If you are connected to Wi-Fi, no data from your data plan will be used.

**Q. What if I lose my phone? Is my data secure?**

A. Security encryption channels have been established through each step of the transmission process. The mobile device does not store or save patient device diagnostic data or Patient Health Information on the mobile device. So there is not a concern regarding MyCareLink Smart monitoring if the mobile device is lost.

SIMPLE.  
CONVENIENT.  
**CONNECTED.**

For more information, please consult the patient manual that was included with your MyCareLink Smart Monitor.

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Android and Google Play are trademarks of Google Inc.

Bluetooth is a registered trademark of Bluetooth SIG, Inc.

## Reference

<sup>1</sup> Pew Research Center. Mobile Technology Fact Sheet. Highlights of the Pew Internet Project's research related to mobile technology. October 2014.

## Additional Information

The Medtronic MyCareLink Smart™ Reader is a prescription product indicated for use in the transfer of patient data from some Medtronic implantable cardiac devices based on physician instructions and as described in the product manual. The MyCareLink Smart Reader transmissions to the CareLink™ Network are subject to Wi-Fi and cellular service availability. This product is not a substitute for appropriate medical attention in the event of an emergency and should only be used as directed by a physician. The Medtronic CareLink Service is prescribed by your physician. This service is not for everyone. Please talk to your doctor to see if it is right for you. Your physician should discuss all potential benefits and risks with you. Although many patients benefit from the use of this service, results may vary. For further information, please call CareLink Patient Services at 1 (800) 929-4043 (8:00 a.m. to 5:00 p.m., Monday–Friday, Central time) or see the Medtronic website at [www.medtronic.com](http://www.medtronic.com).

# Medtronic

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